

Northwood Park Pool No. 4 2009 Season Rules, Regulations, and Policies

The following rules and regulations have been established to make use of the pool and pool grounds both safe and enjoyable for all members and their guests. Please **share these rules with all family members and guests *prior* to use of the pool facilities.**

Rules are subject to change at any time. Please consult a Lifeguard for clarification.

1. **THE LIFEGUARD IS TO BE OBEYED AT ALL TIMES.** Disobeying a lifeguard can result in loss of membership.
2. **No running** - walk slowly.
3. **Children under 7**, or children that are not watersafe, must be **ACTIVELY supervised by an ADULT at All times.**
4. The association is not responsible for any lost or stolen items.
5. The pool may be cleared at any time at the discretion of personnel (lifeguard / board member).
6. **Everyone must shower** prior to entering the pool and after putting on sunscreen.
7. Ice chests (**coolers**) will be inspected for glass and alcoholic beverages.
8. No boom boxes or loud radios allowed.
9. **No smoking** in pool, on pool deck (all cement areas), all grassy areas, picnic area or in restrooms. Smoking permitted only on black asphalt next to picnic table area.

Behavior Guidelines

10. Foul language will not be tolerated at any time.
11. **No pushing, pulling, shoving or horseplay** on the deck or in the pool. No grabbing around the neck.
12. No loitering in the gatehouse or restrooms.
13. No hanging on the ropes, lane lines or pole.
14. No bicycles, skateboards, etc. are to be ridden in to pool area.

Swim attire

15. Everyone must wear appropriate and clean swimwear. All shorts and shirts must be hemmed.
16. If not wearing a swimcap, shoulder length hair (or longer) **must** be braided or rubberbanded. Rubberbands are available at the gatehouse.
17. **Babies and non-potty trained toddlers must wear rubber pants while in the pool.** Disposable diapers alone are not permitted. Rubber pants are for sale at the gatehouse if you need a pair.

Diving rules and equipment

18. No swimming in deep end while diving board is open.
19. No climbing or diving off of lifeguard stands.
20. No diving in the shallow area or jumping off or over the top steps.
21. Maximum weight of individual on springboard must be under **250 lbs.**
22. **Only one bounce** permitted on the springboard.
23. **Only one person at a time** permitted on the springboard.
24. **No Flips** are allowed off diving board or from the pool deck. **No diving** of any kind off side of diving board. **No leaving** the board backwards.
25. **Look and wait** until person in front of you gets out of deep end before going off diving board.
26. Artificial swimming aids and water play equipment are allowed at the discretion of pool personnel.

No hard balls are allowed (example: tennis or racquetball balls).

Supervision of minors

27. Children under 18
 - May **not** have a membership key in their possession.
 - May be on the pool grounds **only** during lifeguard hours unless accompanied by an adult member.
 - May not enter the sauna unless accompanied by an adult.
28. Children may not be left unaccompanied in the facility during swim lessons. An adult must be actively watching them at all times.
29. Children with floatation devices must stay where they can touch pool bottom unless an adult is with them in the water.

Guests and non-members

30. Members may have guests for a fee of \$2 per guest (swimming or non-swimming). Members **are responsible** for informing their guests of **NPIA#4 pool rules prior to use of the pool facilities.**
31. **Members are responsible for their guests and their actions.** Non-compliance of pool rules by members or guests may result in ejection from the facility or the revocation of your pool membership.
32. Guests must be accompanied by an adult pool member (Age 18 or over) at all times.
33. Non-members enrolled in swim lessons must leave the pool upon completion of the lesson.
34. Daycare children may enter as paying guests, using the rate schedule in #30 or they may be added to your membership for a flat fee. See a Pool supervisor or board member for additional information and conditions.

Parties

35. An adult Pool #4 member must be with the party guests for the entire **duration** of the party.
36. **All non-members must leave the pool premises** at the time indicated by the hosting Pool #4 member on the party form.
37. Lifeguard fees are **\$20** per hour per lifeguard if your group exceeds **9** members (subject to change by Supervisor).

Food and beverages

38. **Guests will not be allowed into the facility until a) the hosting Pool #4 member is present and b) it is the scheduled start time as approved by the Pool #4 supervisor on the party form.**
39. Food and beverages are not permitted in the pool or on the pool deck area.
40. **NO ILLEGAL DRUGS OR ALCOHOL** are allowed on the premises at any time. (See #7 above)
41. **NO GLASS** of any kind (such as casserole dishes, bottled waters, seltzers and juices) is permitted **anywhere** on the pool grounds **OR** in the picnic area. (See #7 above)

NOTE: Non-compliance of pool rules may result in revocation of pool membership.